





BCU 2025 X InaPrevent

13th Bandung Cardiovascular Update x
8th Indonesian Cardiovascular Prevention
& Rehabilitation Event


**"The Heart of the Matter: Global
Perspectives on Cardiovascular Health"**

Pullman Hotel Bandung | MAY 8th - 11th 2025

 bcu.bandung@gmail.com

 [@bandungcardiovascular](https://www.instagram.com/@bandungcardiovascular)

 bandungcardiovascularupdate.com

 0821-2062-3631

Esteemed guests, colleagues, and ladies and gentlemen, It is an honor and privilege for me to stand before you today at this prestigious event where we gather to advance medical knowledge and improve the lives of people suffering from cardiovascular diseases. We find ourselves at the forefront of groundbreaking research, transformative technologies, and innovative therapies in the ever-evolving field of cardiology.

Our collaboration and shared pursuit of knowledge are essential as we navigate the complexities of cardiovascular care, seeking solutions that will make a lasting impact on patient outcomes. We are proud to present a unique opportunity to engage in meaningful discussions, exchange valuable insights, and foster collaborations that will shape the future of cardiology.

In collaboration with the Department of Cardiology and Vascular Medicine, Universitas Padjadjaran and Yayasan Peduli Jantung dan Pembuluh Darah Bandung, we are delighted to welcome you to the Bandung Cardiovascular Update 2025, which will be held on 8-11 May 2025 as an offline congress. Our collective knowledge, experiences, and perspectives form the mosaic that propels us forward, driving innovation and elevating the standard of care for our patients.

Charlotte J. Cool, MD.

Chairperson, Organizing Committee,
Bandung Cardiovascular Update 2025



Dear Esteemed Guests and Colleagues,

On behalf of the Preventive and Rehabilitative Cardiology Working Group, I am honored to welcome you to InaPrevent 2025, in conjunction with the Bandung Cardiovascular Update 2025. This prestigious event will take place from May 8 -11 2025, at the Pullman Bandung Grand Central.

We are excited to bring together leading experts, practitioners, and researchers from across the country to share insights and advancements in preventive cardiology and rehabilitation. Our program features a range of engaging sessions, workshops, and discussions aimed at enhancing our understanding and practices in preventive and rehabilitative cardiovascular health.

Your presence here signifies a shared commitment to improving cardiovascular health. Together, we can exchange ideas, explore new approaches, and strengthen our collective efforts in preventing cardiovascular diseases.

Badai Bhatara Tiksnadi, MD.

Chairperson of Indonesian Heart Association,
Bandung and Advisor of 13th Bandung
Cardiovascular Update 2025 x 8th InaPrevent 2025



BCU Organizing Committee



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Chairperson of Indonesian Heart Association, Bandung
Head of The Department of Cardiology and Vascular
Medicine, Faculty of Medicine, Universitas Padjadjaran
Chairperson of Yayasan Peduli Jantung dan Pembuluh
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Inna Vinniatin
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Dendi Puji Wahyudi, MD, FIHA
Harvi Puspa Wardhani, MD, FIHA
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Astri Astuti, MD, FIHA

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Mohammad Iqbal, MD, PhD, FIHA
Giky Karwiky, MD, FIHA
Erwinanto, MD, FIHA
Aninka Saboe, MD, FIHA
Achmad Fitrah Khalid, MD, FIHA

PIC Workshop

Hawani Sasmaya Prameswari, MD, FIHA
Irene Lampita, MD, FIHA
Arya Yuliana Nasution, MD, FIHA
Isga Ifayani, MD, FIHA

PIC Poster and Free Paper

Prof. Januar W. Martha, MD, PhD, FINASIM,
FIHA,
Miftah Pramudyo, MD, FIHA
Aprilianasary Utami Dewi, MD, FIHA
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Nataya Regiza Sutrisno, MD, FIHA
Anggia Kusumaputri, MD, FIHA



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Vita Anggraeni, MD, PhD, FIHA.

Olivia Handayani Nelwan, MD, FIHA.

Poster and Research Competition Session

Basuni Radi, MD, PhD, FIHA.

Irsad Andi Arso, MD, FIHA.

Dyana Sarvasti, MD, PhD, FIHA.

Anggoro Budi Hartopo, MD, PhD, FIHA.

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Registration, Public Relation, and Accommodation

Rosmaliana, MD, FIHA.

Detrianæ, MD, FIHA.

Anggraeni Wendy Astuti, MD, FIHA.

M. Rusydi, MD, FIHA.

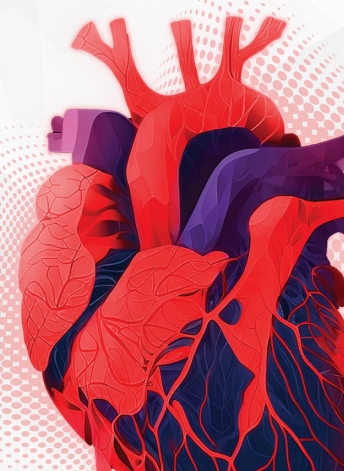
Arfian Amin Nasution, MD, FIHA.



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inaprevent.org



Workshop Schedule

BCU 2025 X InaPrevent



Thursday, 8th May 2025



Pullman Central Hotel

Time	Event
07.30 – 16.00 (full/half day)	Imaging
	InaPrevent 1: Discover EECF
	InaPrevent 2: Integrating Cardiac Rehabilitation into Healthcare Systems
	Intensive



Friday, 9th May 2025



Pullman Central Hotel

Time	Event
07.30 – 16.00 (full/half day)	InaPrevent 3: Sports Cardiology
	InaPrevent 4: Exercise Test for Medics and Paramedics
	InaPrevent 5: Obesity Related to CVD
	InaPrevent 6: Primary and Secondary Prevention of CVD
	Echocardiography
	Electrocardiography
	Intensive



Saturday–Sunday, 10th – 11th May 2025



Pullman Central Hotel

**For
Nurses**

Time	Event
07.30 – 16.00	Intervention



Friday, 9th May 2025



Gedung Eyckman, Koeswadji

Time	Event
07.30 – 16.00 (full day)	Congenital Heart Disease

Workshop Schedule

BCU 2025 X InaPrevent

Time	Thursday, 8 May 2025		Friday, 9 May 2025				Saturday, 10 May 2025	Sunday, 11 May 2025	
Venue	Pullman Grand Central Hotel Bandung						Gedung Eyckman (Koeswadji)	Pullman Grand Central Hotel Bandung (Ballroom 1)	
	Chamomile	Mint + Rooibos	Rosella	Chamomile	Jasmine	Mint + Rooibos			
07.00 – 08.00	WS BCU Imaging	WS 1 InaPrevent	WS 3 InaPrevent	WS 4 InaPrevent	WS BCU Echocardiography	WS BCU Electrocardiography	WS BCU CHD	WS Intervention	WS Intervention
08.00 – 09.00	CT Scans in Focus: Key Roles in Ischemic Heart Disease. Seeing the Invisible: MRI's role in Ischemic Heart Disease	Discover ECP: A Game-Changer in Cardiac Therapy	Sports Cardiology: The Athlete's Heart and Cardiac Emergency in Sport	Exercise Stress Test for Medics and Paramedics	Cardiomyopathies through The Lens of Echocardiography: From basic to strain echo	Cardiac Rhythm Management: Mastering the Management of Arrhythmias in Daily Clinical Care	Sequential Echocardiography in Congenital Heart Disease	Optimizing Primary PCI: A Practical Workshop on Management & Complications for Allied Professionals	Optimizing Primary PCI: A Practical Workshop on Management & Complications for Allied Professionals
09.00 – 10.00		HALF DAY	HALF DAY	HALF DAY	HALF DAY	HALF DAY	FULL DAY	FULL DAY	HALF DAY
10.00 – 11.00		HALF DAY							
11.00 – 12.00		HANDS ON	HANDS ON	HANDS ON	HANDS ON	HANDS ON	HANDS ON	HANDS ON	HANDS ON
12.00 – 13.00	Break								
Venue	Rosella	Hibiscus	Toraja + Robusta	Hibiscus	Sencha		WS BCU CHD	WS Intervention	
13.00 – 14.00	WS 2 InaPrevent	WS BCU Intensive	WS 5 InaPrevent	WS BCU Intensive	WS 6 InaPrevent		Sequential Echocardiography in Congenital Heart Disease	Optimizing Primary PCI: A Practical Workshop on Management & Complications for Allied Professionals	
14.00 – 15.00	Integrating Cardiac Rehabilitation into Healthcare Systems: A Vital Pillar of Comprehensive Cardiovascular Disease Management	Life on the Lines: Mastering Ultrasound-Guided Central Venous Line Access in Critical Care	Obesity Related to CVD: Focus on Cardiometabolic Factor	Revitalizing Outcomes: Mastering the Art and Science of Shock Management	Primary and Secondary Prevention of CVD in Primary Health Care Setting		FULL DAY	FULL DAY	
15.00 – 16.00	HALF DAY	HALF DAY	HALF DAY	HALF DAY	HALF DAY		HANDS ON	HANDS ON	

Schedule Workshop Day - 1

CT Scans in Focus: Key Roles in Ischemic Heart Disease
Seeing the Invisible: MRI's role in Ischemic Heart Disease



Person In Charge

Rd. Nuraini Yasmin

Kusumawardhani, MD, FIHA

Staff of Cardiac Imaging Division Dr. Hasan
Sadikin General Hospital, Bandung, Indonesia



Thursday, May 8th 2025



Chamomile Meeting Room

Time	Event	Speaker
07.00-07.30	Registration	
07.30-07.40	Pre-test	
07.40-08.00	Introduction to Work Station	
	SESSION I	
08.00-08.20	CT Scan in Focus Key Roles in Ischemic Heart Disease	Nuraini Yasmin K., MD, FINASIM, FIHA Astri Astuti, MD, FIHA
08.20-08.30	Sponsor Session	
08.30-08.50	Seeing the Invisible: MRI Role's in Ischemic Heart Disease	Nuraini Yasmin K., MD, FINASIM, FIHA Astri Astuti, MD, FIHA
08.50-09.00	Sponsor Session	
09.00-09.10	Coffee Break	
	SESSION II	
09.10-10.40	Case Presentations and Discussion	Nuraini Yasmin K., MD, FINASIM, FIHA Astri Astuti, MD, FIHA
10.40-10.50	Post-test	
10.50-11.00	Announcement and Closing Remarks	

Schedule Workshop Day - 1

WS 1 InaPrevent

Discover ECP: A Game-Changer in Cardiac Therapy



Person In Charge

**Nancy Sicilia
Lampus, MD, FIHA**

Staff of Department of Cardiology and
Vascular Medicine, Prof. Dr. R. D. Kandou
Hospital, Manado, Indonesia



Thursday, May 8th 2025



Mint Rooibos Meeting Room



Time	Event	Speaker
07.00-07.30	Registration	
08.00-08.15	Opening and Pre-test	
08.15-08.35	Basic Principle of External Counterpulsation for Improving Outcomes in Cardiac Rehabilitation	Hasjim Hasbullah, MD, FIHA
08.35-08.55	Reviving the Heart: The Transformation Power of EECPP in Cardiac Care	Olivia H. Nelwan, MD, FIHA
08.55-09.15	Interpretation and Reporting of External Counterpulsation	Ade M. Ambari, MD, FIHA
09.15-09.35	Discussion	
09.35-09.50	Coffee Break	
09.50-10.50	Hands-on Session	
10.50-11.05	Post-test and Closing	

Schedule Workshop Day - 1

WS 2 InaPrevent

Integrating Cardiac Rehabilitation into Healthcare Systems: A Vital Pillar of Comprehensive Cardiovascular Disease Management



Person In Charge

**Anggraeni Wendy
Astuti, MD, FIHA**

Staff of Cardiac Rehabilitation
Division Dr. Hasan Sadikin General
Hospital, Bandung, Indonesia



Thursday, May 8th 2025



Rosella Meeting Room



Time	Event	Speaker
12.30-13.00	Registration	
13.00-13.15	Opening and Pretest	Anggraeni Wendy Astuti, MD, FIHA
13.15-13.30	Global Concept for Cardiac Rehabilitation in 2025 – Insights, Goals, Challenges, and a Real World Case in Clinical Practice	Prof. Dr. med. Matthias Wilhelm
13.30-13.45	Cardiac Rehabilitation as A Secondary Prevention of Cardiovascular Disease : How to Manage in Health Care Facilities	Badai Bhatara Tiksnadi, MD, FIHA
13.45-14.00	Role of CPET in the Comprehensive Management of Cardiovascular Disease	Anggraeni Wendy Astuti, MD, FIHA
14.00-14.15	Exercise Prescription in Cardiac Rehabilitation Program	Abdul Halim Raynaldo, MD, FIHA
14.15-14.30	Discussion	
14.30-14.45	Coffee break	
14.45-15.45	Hands-on session	
15.45-16.00	Post-test and Closing	

Schedule

Workshop Day - 1

Life on the Lines: Mastering Ultrasound-Guided Central Venous Line Access in Critical Care



Person In Charge

Pradana Pratomo Raharjo, MD, FIHA

Staff of Cardiac Intensive Care
Division Dr. Hasan Sadikin
General Hospital, Bandung,
Indonesia



Thursday, May 8th 2025



Hibiscus Meeting Room

Time	Event	Speaker
12.00-12.30	Preparation	
12.30-13.00	Registration	
13.00-13.15	Opening and Pre-test	
13.15-13.45	Ultrasound Essentials for Venous Access: Building a Strong Foundation	Pradana Pratomo Raharjo, MD, FIHA
13.45-14.15	Step by step Central Line Placement: From Preparation to Execution	Triwedya Indra Dewi, MD, FIHA
14.15-14.45	Avoiding Complications and Troubleshooting in Central Line Access	Miftah Pramudyo, MD, FIHA
14.45-15.00	QnA	All speakers
15.00-15.15	Coffee Break	
15.15-16.15	Hands on Session: - Skill Station : Ultrasound Anatomy of Central Vein Access - Skill Station : Ultrasound-Guided Puncture Procedure	
16.15-16.30	Post-test and Closing	

Schedule

Workshop Day - 2

WS 3 InaPrevent

Sports Cardiology: The Athlete's Heart and Cardiac Emergency in Sport



Person In Charge

**Hari Hendriarti
Satoto MD, FIHA**

Staff of Department of Cardiology
and Vascular Medicine, Dr. Kariadi
General Hospital, Semarang,
Indonesia



Friday, May 9th 2025



Rosella Meeting Room

Time	Event	Speaker
07.30-08.00	Registration	
08.00-08.15	Opening & Pre-test	Hari Hedriarti Satoto, MD, FIHA
08.15-08.35	ECG abnormalities in athletes and cardiac emergency during sport event, what we should know	Dwita Rian Desandri, MD, FIHA
08.35-08.55	Cardiopulmonary exercise test modality for exercise preparticipation screening	Basuni Radi, MD, FIHA
08.55-09.15	Clinical, exercise, and return to play consideration in athletes with cardiovascular disease: a case based approach	Lucky Cuenza, MD, FPCP, FPCC, FACC
09.15-09.35	Discussion	
09.35-09.50	Coffee break	
09.50-10.50	Hands-on Session	
10.50-11.05	Post-test and Closing	

Schedule Workshop Day - 2

WS 4 InaPrevent

Exercise Stress Test for Medics and Paramedics



Person In Charge

**Gusti Rifansyah, MD,
FIHA**

Former Chairman of
Indonesian Heart Association
Branch Banjarmasin



Friday, May 9th 2025



Chamomile Meeting Room

Time	Event	Speaker
07.00-07.30	Registration	
08.00-08.15	Opening & Pre-test	Gusti Rifansyah, MD, FIHA
08.15-08.30	Overview of Exercise Stress Testing: Choosing the Right Protocol and Right Modality for the Right Patients & Patients Preparation and Monitoring	Lira Firiana, MD, FIHA
08.30-08.45	The Role of Exercise Stress Testing for Diagnostic, Prognostic, and Assessing Fitness level	Arfian Amin Nasution, MD, FIHA
08.45-09.00	Assessing Fitness Level by Exercise Stress Testing	Yuri Savitri, MD, FIHA
09.00-09.15	Coffee Break	
09.15-09.30	Exercise Stress Testing Modality, Interpretation, and Reporting	Terrance Ransun, MD, FIHA
09.30-09.45	Discussion	
09.45-10.45	Hands on Session	
10.45-11.00	Post-test and Closing	

Schedule

Workshop Day - 2

Cardiomyopathies through the Lens of Echocardiography: From Basic to Strain Echo



Person In Charge

Irene Lampita, MD, FIHA

Staff of Non-Invasive Diagnostic
Division Dr. Hasan Sadikin General
Hospital, Bandung, Indonesia



Friday, May 9th 2025



Jasmine Meeting Room



Time	Event	Speaker
07.00-07.30	Re-registration, Opening Remarks, and Pre-test	
07.30-08.00	Exploring the Spectrum of Cardiomyopathies: An Overview from Heart Failure Specialist	Hawani Sasmaya P, MD, FIHA
08.00-08.45	Seeing the Unseen: Echo's Role in Cardiomyopathies Mysteries	Melawati Hasan, MD, FIHA
08.45-09.00	Coffee Break paralleled with GE Presentation	
09.00-09.30	Beyond rest: Advancing Cardiomyopathy Diagnosis with Stress and Contrast Echocardiography	M. Rizki Akbar, MD, FIHA
09.30-10.00	Unlocking Deeper Insights: Advanced Echo Techniques for Cardiomyopathies Diagnosis	Prof. Amiliana M. S., MD, PhD, FIHA
10.00-10.30	Beating Out of Sync: Echocardiographic Insights into Cardiac Dyssynchrony	Prof. Amiliana M. S., MD, PhD, FIHA
10.30-11.00	Live Demo: Strain Echocardiography	All Instructors
11.00-11.30	Workstation: Post Processing Strain	All Instructors
11.30-11.45	Post-test, Door Prize, and Closing Remarks	

Schedule Workshop Day - 2

Revitalizing Outcomes: Mastering the Art and Science of Shock Management



Person In Charge

**Pradana Pratomo
Raharjo, MD, FIHA**

Staff of Cardiac Intensive Care
Division Dr. Hasan Sadikin General
Hospital, Bandung, Indonesia



Friday, May 9th 2025



Hibiscus Meeting Room

Time	Event	Speaker
12.00–12.30	Preparation	
12.30–13.00	Registration	
13.00–13.15	Opening and Pre-test	
13.15–13.45	Decoding Shock: Hemodynamic Profiles and Pathophysiology	Miftah Pramudyo, MD, FIHA
13.45–14.15	Point-of-Care Ultrasound (POCUS): The Game-Changer in Shock Assessment	Triwedya Indra Dewi, MD, FIHA
14.15–14.45	Echocardiography in Shock: From Diagnosis to Dynamic Monitoring	Pradana Pratomo Raharjo, MD, FIHA
14.45–15.00	QnA	All Speakers
15.00–15.15	Coffee Break	
15.15–16.15	Hands-on session: Using Ultrasound to Rapidly Assess Cardiac Function, Volume Status, and Vascular Tone	
16.15–16.30	Post-test and Closing	

Schedule

Workshop Day - 2

Cardiac Rhythm Management: Mastering the Management of Arrhythmia in Daily Clinical Care

 Friday, May 9th 2025

 Mint & Rooibos Meeting Room

Time	Event	Speaker
07.00-07.15	Registration	
07.15-07.20	Opening and Moderator Introduction	MC
07.20-07.30	Pre-test	
07.30-08.30	Session I & Discussion	
	Arrhythmia in the Clinic: Strategies for Diagnosis and Management during Medical Check Up	Chaerul Achmad, MD, FIHA, PhD
08.30-09.30	Session II & Discussion	
	Preoperative Arrhythmia Assessment: Risk, Challenges, and Opportunities	Andrianus Oktovianto, MD, FIHA
09.30-10.30	Session III & Discussion	
	Critical Care Cardiology: Managing Arrhythmia in the Intensive Care Unit	Giky Karwiky, MD, FIHA
10.30-10.40	Post-test	
10.40-11.00	Post-test Discussion	
11.00-11.15	Closing and Announcement	
11.15-11.30	Photo Session	
11.30-end	Lunch & Friday Prayer	



Person In Charge

Giky Karwiky, MD, FIHA

Head of Electrophysiology and Pacemaker Division Dr. Hasan Sadikin General Hospital, Bandung, Indonesia

Schedule Workshop Day - 2

WS 5 InaPrevent

Obesity Related to CVD: Focus on Cardiometabolic Factor

 **Friday, May 9th 2025**  **Toraja + Robusta Meeting Room**



Person In Charge

Lira Firiana , MD, FIHA

Cardiologist in the Preventive and Rehabilitation Division at BraveHeart Cardiovascular Center, Jakarta, Indonesia

Time	Event	Speaker
12.30-13.00	Registration	
13.00-13.15	Opening and Pre-test	
13.15-13.35	Diving Under the Iceberg of Obesity: A Complex and Chronic Disease	Irsad Andi Arso, MD, FIHA
13.35-13.55	Semaglutide and Cardiovascular Outcome in Obesity without Diabetes	Anwar Santoso, MD, FIHA
13.55-14.15	Discussion	
14.15-14.30	Coffee break	
14.30-15.30	Hands-on-Session	
15.30-15.50	Discussion	
15.50-16.00	Post-test and Closing	

Schedule Workshop Day - 2

WS 6 InaPrevent

Primary and Secondary Prevention of CVD in Primary Health Care Setting



Person In Charge

**Veny Mayangsari,
MD, FIHA**

Staff Department of Cardiology
and Vascular Medicine, Dr.
Saiful Anwar General Hospital,
Malang, Indonesia



Friday, May 9th 2025



Sencha Meeting Room

Time	Event	Speaker
12.30-13.00	Registration	
13.00-13.15	Opening and Pretest	Veny Mayangsari, MD, FIHA
13.15-13.30	Continuum Care of Cardiovascular Disease in Health Care Facilities	Isti Ilmiati Fujiati, MD, COPC, PhD
13.30-13.45	Preventing Cardiovascular Disease in Special Population: Correct Clinical Judgement Based on Guidelines CV risk factors	Ikhwan Handirosiyanto, MD, FIHA
13.45-14.00	Optimizing Secondary Prevention after Acute Coronary Syndrome (ACS) and Acute Heart Failure (AHF): Focus on Coordinating care post-ACS and post-AHF	Cholid Tri Tjahyo, MD, FIHA
14.00-14.15	Cardiovascular Rehabilitation: Referral and Integration into Primary Care	Astri Martiana, MD, FIHA
14.15-14.30	Discussion	
14.30-14.45	Coffee break	
14.45-15.45	Interactive Care Discussion	Susy Oktowati MD, FOMC
15.45-16.00	Post-test and Closing	

Schedule

Workshop Day - 2

Sequential Echocardiography in Congenital Heart Disease

 **Friday, May 9th 2025**
 **Eyckman Building (Koeswadiji)**



Person In Charge

Achmad Fitrah Khalid, MD, FIHA

Staff of Pediatric Cardiology and Congenital Heart Disease Division
Dr. Hasan Sadikin General Hospital,
Bandung, Indonesia

Time	Event	Speaker
07.00-07.30	Re-registration	
07.30-07.35	Opening remarks	
07.35-08.00	Pretest + Morning Snack	
08.00-09.00	Sequential Segmental Analysis in CHD: Overview	Yovi Kurniawati, MD, FIHA
09.00-09.30	Common Acyanotic CHD: Tips and Tricks	Charlotte J. Cool, MD, FIHA
09.30-10.00	Live Demo Sequential Segmental Analysis in CHD: Overview	Charlotte J. Cool, MD, FIHA
10.00-10.15	Coffee Break	
10.15-10.45	Common Cyanotic CHD: Tips and Tricks	Yovi Kurniawati, MD, FIHA
10.45-11.15	Critical CHD: Echocardiography Clues and Pitfalls	Prof. Sri Endah R, MD, PhD
11.15-11.30	Discussion	
11.30-13.00	Friday Prayer and Lunch	
13.00-15.30	Hands on Session (15 Selected Partients)	
15.30-16.00	Closing Remarks	

Schedule

Workshop Day 3-4

Optimizing Primary PCI: A Practical Workshop on Management & Complication for Allied Professionals



Friday & Saturday, May 9th-10th 2025



Pullman Ballroom 1



Speaker
**A Guide to Follow-Up
Care after Primary PCI**

Person In Charge

**Dendi Puji Wahyudi,
MD, FIHA**

Staff of Invasive Diagnostic and
Non-Surgical Intervention Division
Dr. Hasan Sadikin General Hospital,
Bandung, Indonesia

Speaker



**Prof. Januar W. Martha, MD, MPH,
FIHA, FINASIM, PhD**
Review of Primary PCI

Speaker



Aninka Saboe, MD, FIHA
**The Role of Intracoronary
Imaging in Primary PCI**

Speaker



Ns. Yudi Purnomo
**Critical Monitoring and
Optimizing IABP during PCI**
**Post-PCI Care: Optimizing
Recovery and Outcomes**

Speaker



Ns. Deni Agustian Muhidin
**Enhancing Outcomes :
Pre and Intra Procedural Preparation**

Speaker



Ns. Cipto Fidiarto
**Intracoronary
Imaging in ACS**

Speaker



Ns. Akbar Tri Sugiarto
**Vascular Access in
Primary PCI**



Cardiovascular Prevention and Rehabilitation
Working Group of Indonesian Heart Association

International Guest Speakers

Bandung Cardiovascular Update 2025 x 8th InaPrevent

Pullman Bandung Grand Central



**Lucky R Cuenza,
MD, FPCP, FPCC, FACC**

Sports Cardiology Section at ManilaMed's
Sports and Exercise Medicine Center
Interventional Cardiologist at St. Lukes Medical
Center BGC

Philippines



**Prof. Dr. med.
Matthias Wilhelm**

Centre for Rehabilitation and Sports
Medicine, Inselspital, University
Hospital Bern, Switzerland

Switzerland



**Prof. Michael Papadakis
MBBS, MD, MRCP, FESC**

Professor of Cardiology, Clinical
Academics of Sports Cardiology
St George's, University of London

United Kingdom

Symposium Schedule

 **Saturday, May 10th 2025**

Time		BCU (Ballroom 3)		INAPREVENT (Ballroom 2)	
		Title	Speaker	Title	Speaker
07.00–08.00	REGISTRATION				
MORNING SESSION 1					
08.00–08.50	Navigating the Complex Relationship: Heart Failure and Cardiorenal Syndrome	Moderator: Eko Antono, MD, FIHA Co-Moderator: H. M. Agus Thosin, MD, FIHA	Paradigm Shift to SCORE–2 ASIA		Moderator: Mega Febrianora, MD, FIHA
08.00–08.20	From Guidelines to Practice: Integrating Dapagliflozin in the Management of Heart Failure Across EF	Triwedya Indra Dewi, MD, FIHA	Optimizing GP’s Role in Cardiovascular Disease Prevention in Daily Practice		AA Ayu Dwi Adelia Yasmin, MD, FIHA
08.20–08.40	Advancements in Hyperkalemia Management for Cardiorenal Syndrome: New Therapeutic Strategies	Prof. Rudi Supriyadi, MD, PhD, FINASIM	SCORE-2 ASIA VS WHO: Which One is More Appropriate for Indonesian Population?		Nancy Sicilia Lampus, MD, FIHA
08.40–08.50	Discussion				
MORNING SESSION 2					
08.50–09.40	The Guardian of the Heart, The Protector of the Kidney	Moderator: Erwinanto, MD, FIHA Co-Moderator: Arinta Setyasari, MD, FIHA	Integrating Cardiac Rehabilitation Programme in Hospital		Moderator: Citra Kiki Krevani, MD, FIHA Panelist: Yuke Sarastri, MD, FIHA
08.50–09.10	SGLT2i: The Force in Chronic Heart Failure Galaxy	Hawani Sasmaya P, MD, FIHA	From Blueprint to Bedside: Setting Up Cardiac Rehab and Real-Time Monitoring		I Nyoman Wiryawan, MD, FIHA
09.10–09.30	Battle against Chronic Kidney Disease Constellation: Role of SGLT2i Squad	Afiatin, MD, PhD, FINASIM	The Role of Nursing in Cardiovascular Rehabilitation: Focused on Patient-Centered Care		Mohamad Nurdin, Ners
09.30–09.40	Discussion				
09.40–10.10	Coffee Break				
10.00–10.50	Opening Ceremony				
10.50–11.55	JOINT PLENARY SESSION BCU–INAPREVENT				
11.55–12.55	Lunch Break				

Symposium Schedule

Time		BCU (Ballroom 3)		INAPREVENT (Ballroom 2)	
		Title	Speaker	Title	Speaker
LUNCH SESSION 1					
12.55-13.50	Holistic Approach in Type 2 Diabetes Management: The Role of Once-Weekly GLP-1 RA Semaglutide	Moderator: Syarief Hidayat, MD, FINASIM, FIHA Co-Moderator: Fajar Ashari, MD, FIHA	Revolutionary Era in Lipid Management	Moderator : Anggoro Budi Hartopo, MD, PhD, FIHA	
12.55-13.15	A Novel Concept of CKM: Comprehensive Approach to Obesity, Diabetes Mellitus, CVD and Other Metabolic Diseases	Nanny NM Soetedjo, MD, PhD, FINASIM	The Unmet Need in ASCVD	Ade Meidian Ambari, MD, PhD, FIHA	
13.15-13.35	Semaglutide in Cardiovascular Disease: A New Era in Secondary Prevention	Badai Bhatara Tiksnadi, MD, FIHA	Learning Point from Clinical Data of Inclisiran	Anwar Santoso, MD, PhD, FIHA	
13.35-13.50	Discussion				
LUNCH SESSION 2					
13.50-14.45	Comprehensive Cardiovascular Patient Care: From Risk Reduction to Recover	Moderator: Rien A., MD, FIHA, FINASIM Co-Moderator: Ratna N., MD, FIHA	Innovations in Post-ACS Care: Strengthening Prevention and Protecting Against Risks	Moderator : Rita Hamdani, MD, FIHA	
13.50-14.10	Association of Influenza Vaccination With Reduction Cardiovascular Risk	M. Rizki Akbar, MD, PhD, FIHA	Optimizing Preventive Care Strategies in Post-ACS : Learning from Practical Setting	Vita Yanti Anggraeni, MD, PhD, FIHA	
14.10-14.30	Cinical Use of Ovine Enoxaparin Sodium in the Management of Acute Coronary Syndromes	Miftah Pramudyo, MD, FIHA	The Critical Role of Influenza Vaccination in Cardiovascular Disease Management	Ade Meidian Ambari, MD, PhD, FIHA	
14.30-14.45	Discussion				
14.45-15.15	Coffee Break				

Symposium Schedule

BCU (Ballroom 3)			INAPREVENT (Ballroom 2)	
Time	Title	Speaker	Title	Speaker
AFTERNOON SESSION 1				
15.15-16.05	The Dual Challenge: Addressing Angina and Hypertension Management	Moderator: Angke Widya, MD, FIHA Co-Moderator: Raden Bayu G, MD, FIHA	Introduction and Recent Issues in Sports Cardiology	Moderator: Dwita Rian Desandri, MD, FIHA
15.15-15.35	Comprehensive Hypertension Management: Embracing Triple Therapy	Badai Bhatara Tiksnadi, MD, FIHA	The Paradox of CAD Risk in Veteran Athletes	Prof Michael Papadakis
15.35-15.55	Optimizing CCS Management: The Role of Metabolic Therapy in Clinical Practice	Astri Astuti, MD, FIHA	Heart rate response and adaptation to exercise training in cardiovascular patient	M. Ridwan, MD, FIHA
15.55-16.05	Discussion			
AFTERNOON SESSION 2			Closing	
16.05-16.55	Multidisciplinary Approach to Cardiac Care in Thalassemia	Moderator: Augustine Purnomowati, MD, PhD, FINASIM, FIHA Co-Moderator: Rudolf Andean Manullang, MD, FINASIM, FIHA		
16.05-16.25	Role of Iron Chelation Therapy in Preventing Cardiac Complications	Panji Irani Fianza, MD, PhD, FINASIM		
16.25-16.45	Early Detection of Cardiac Iron Overload	Nuraini Yasmin Kusumawardhani, MD, FINASIM, FIHA		
16.45-16.55	Discussion			
16.55-17.15	Closing and Doorprize			

Symposium Schedule

 **Sunday, May 11th 2025**

Time	BCU (Ballroom 3)		INAPREVENT (Ballroom 2)	
	Title	Speaker	Title	Speaker
MORNING SESSION 3				
08.30–09.20	Optimizing Cardiovascular Health: The Role of Mineralocorticoid Receptor Antagonists (MRAs) and Statins in Cardiovascular Disease	Moderator: Kiki Abdurachim N, MD, FIHA Co-Moderator: Sugiantoro, MD, FIHA	Healthy Cardiovascular Aging	Moderator : Rosmaliana, MD, FIHA
08.30–08.50	Eplerenone in Heart Failure: Therapeutic Efficacy	Teddy Arnold Sihite, MD, FINASIM, FIHA	Managing Healthy Diet and Mental Status in Elderly	Prof. I Wayan Wita, MD, PhD, FIHA
08.50–09.10	Achieving Target LDL-C Levels: The Role of Combination Statin and Ezetimibe Therapy	Dendi Puji Wahyudi, MD, FIHA	Exercise Recommendation for Geriatric Population	Gusti Rifansyah, MD, FIHA
09.10–09.20	Discussion			
MORNING SESSION 4				
09.20–10.10	Deep dive into Beta Blocker in Heart Failure: A Cornerstone of Guideline-Directed Medical Therapy	Moderator : Fathurochman, MD, FIHA Co-Moderator: Dini Rostiati, MD, FIHA	Precision in Cardiology: Harnessing Synergy for Better Outcomes	Moderator : Detrianae, MD, FIHA
09.20–09.40	Harnessing Beta-Blockers: Enhancing Outcomes in HFrEF Management	Triwedya Indra Dewi, MD, FIHA	High Intensity Statin: How Early and How Long?	Pintoko Tedjokusumo, MD, FIHA
09.40–10.00	Target Heart Rate vs Target Dose for Sympatetic Blocker in HFrEF : Which One to Choose	Hawani Sasmaya Prameswari, MD, FIHA	The Inovation of Long-Acting Beta Blocker for HF Management: What Makes it Different?	Bambang Dwiputra, MD, FIHA
10.00–10.10	Discussion			
10.10–10.40	Coffee Break and Scientific Booth			
LUNCH SESSION 3				
10.40–11.35	PCSK9i : A Breakthrough In LDL-C Management	Moderator: Pintoko Tedjokusumo, MD, FIHA Co-Moderator: R. Azimar Farhani, MD, FIHA	Cardio-Oncology Rehabilitation (CORE)	Moderator : Almudai, MD, FIHA
10.40–11.00	Current insights and guidelines on LDL-C control and treatment among ASCVD patients in Indonesia	Erwinanto, MD, FIHA,	The Cardiovascular Effect After Cancer Treatments	Zaenab Djafar, MD, FIHA
11.00–11.20	Evolocumab for Early Reduction of LDL-cholesterol Level in Patients with Acute Coronary Syndrome (ACS)	Sunarya Soerianata, MD, FIHA,	Exercise Based Cardiac Rehabilitation For Cancer Survivors	Dyana Sarvasti, MD, PhD, FIHA
11.20–11.35	Discussion			
11.35–12.30	Lunch & Scientific Booth Visit			

Symposium Schedule

 **Sunday, May 11th 2025**

Time		BCU (Ballroom 3)		INAPREVENT (Ballroom 2)	
		Title	Speaker	Title	Speaker
LUNCH SESSION 4					
12.30-13.25	Arrhythmia Management, A Current Update and Best Practice	Moderator: Prihadi Estu Widodo, MD, FIHA Co-Moderator: Toni M. Aprami, MD, FINASIM, FIHA		Return To Activities After Cardiac Events	Moderator: Cholid Tri Tjahjono, MD, FIHA
12.30-12.50	Fast Heartbeats: Current Updates in Tachyarrhythmia Management	Mohammad Iqbal, MD, FIHA, PhD		Fit To Work For Cardiac Events Survivors	Meity Ardiana, MD, FIHA
12.50-13.10	Slow Heartbeats: Bradyarrhythmia management in emergency and outpatient setting	Giky Karwiky, MD, FIHA		Safe Sexual Activity for CVD Patients	Victor Joseph, MD, FIHA
13.10-13.25	Discussion				
			Lifetime Achievement Award Closing		
AFTERNOON SESSION 3 (Paralel)					
Ballroom 3			Ballroom 2		
13.25-14.15	Obstructive Sleep Apnea and CVD	Moderator: Erta Priadi Wirawijaya, MD, FIHA Co-Moderator: Sanggam Sinambela, MD, FIHA		Multidisciplinary Care Models for Pulmonary Hypertension in Pregnancy	Moderator: Achmad Fitrah K, MD, FIHA Co-Moderator: Ratna Dewi C, MD, FIHA
13.25-13.45	The Otolaryngologist's Role in Managing Sleep Apnea and Cardiovascular Disease	Sinta Sari Ratunanda, MD, PhD		Diagnostic Challenges in Pulmonary Hypertension During Pregnancy	Charlotte Johanna Cool, MD, FIHA
13.45-14.05	A Wake-Up Call: The Cardiovascular Consequences of Sleep Apnea	Anggraeni Wendy Astuti, MD, FIHA		Maternal and Fetal Outcomes in Pulmonary Hypertension	Adhi Pribadi, MD, PhD, FMFM
14.05-14.15	Discussion				
AFTERNOON SESSION 4					
14.15-15.05	Ventricular septal rupture complicating Myocardial infarction: Multidiscipline team for excellent outcomes	Moderator: Miftah Pramudyo, MD, FIHA Co-Moderator: Pradana Pratomo Raharjo, MD, FIHA		In to deep Peripheral artery disease	Moderator: R Moh. Reza J. P, MD, FIHA Co-Moderator: Widi Nugraha H, MD, FIHA
14.15-14.35	Dealing with VSR: how to keep patient alive? VSR from interventionist prespective	Prof. Januar W. Martha, PhD, FINASIM, FIHA		Comprehensive Guide to Peripheral Artery Disease: An A-to-Z Overview	Syarief Hidayat, MD, FINASIM, FIHA
14.35-14.55	VSR repair from surgeon perspective	Navy Laksmono, MD, FIATCVS		Beyond the Status Quo: A Fresh Strategies for Dilated Aorta	Achmad Hafiedz Azis Kartamihardja, MD, FIHA
14.55-15.05	Discussion				
15.05-15.25	Closing, Winner Announcement, and Doorprize				

Joint Plenary Session BCU-InaPrevent



Saturday, May 10th 2025



Time	Title	Speaker
10.50-11.10	Transformasi Kebijakan Kesehatan: Inovasi Prevensi dan Strategi Tatalaksana Penyakit Kardiovaskular di Indonesia dalam menjawab Tatalaksana Global	Moderator: Ade Meidian A, MD, PhD, FIHA Ir. Budi Gunadi Sadikin, CHFC., CLU. (TBC)

Time	Title	Speaker
11.10-11.15	Sports Cardiology Update from Asia Pacific Perspective	Moderator : Basuni Radi, MD, FIHA
11.15-11.35	Preparticipation Cardiac Screening in Athletes: Current Approaches and The Challenges	Lucky Cuenza, MD, FPCP, FPCC, FACC
11.35-11.55	Sudden Death in Young Athletes	Chaerul Achmad, MD, FIHA, PhD



Saturday, May 10th 2025

Time	Event
13.30-14.30	Oral Presentation – Case Report Category
15.45-16.45	Oral Presentation – Original Research Category



Sunday, May 11th 2025

Time	Event
08.30-10.30	Poster Presentation

Scientific Corner Schedule



Pullman Central Hotel



8th InaPREvent 2025
Indonesian Cardiovascular
Prevention & Rehabilitation Event



Saturday, May 10th 2025

Time	Event
11.55-12.55	Oral Presentation – Case Report Category
14.45-15.45	Oral Presentation – Original Research Category



Sunday, May 11th 2025

Time	Event
10.10-11.10	Oral Presentation – Innovation/Initiative Project Category

Registration

Symposium	Late Bird
Specialist	Rp2.000.000,-
General Practitioner	Rp1.200.000,-
Nurse, Allied Health Professional	Rp850.000,-
Student	Rp500.000,-

Bundling Late Bird	Symposium + 1 Workshop	Symposium + 2 Workshop	Symposium + 3 Workshop	Symposium + 4 Workshop	Additional Price*
Specialist	Rp3.000.000,-	Rp3.750.000,-	Rp4.300.000,-	Rp5.000.000,-	Add On Rp1.000.000
General Practitioner	Rp1.900.000,-	Rp2.400.000,-	Rp3.000.000,-	Rp3.750.000,-	
Nurse	Rp1.500.000,-	✗	✗	✗	

*Notes : Additional fee applies if
you choose Workshop GUICH
(Full Day and Hands-On).



Terms of Reference

ABSTRACT SUBMISSION

- This year's theme for the free paper competition in **BCU 2025** is ***"The Heart of the Matter: Advancements in Cardiovascular Treatment."*** The topics of interest and format for BCU and InaPrevent abstracts are described below.
- Authors must submit their abstract for BCU 2025 and/or InaPrevent 2025 separately through **<https://bandungcardiovascularupdate.com> before 29th March 2025**. Therefore, abstracts submitted to BCU and InaPrevent separately through aforementioned website will automatically enter their independent selection processes.
- Abstracts must follow a specific format (see below). An unsuitable abstract will be returned to the author for editing before resubmitting.
- Accepted abstracts will be announced through the authors' email on 26th April 2025. Further information will be given through the authors' email address should your abstract(s) be accepted.
- Corresponding/presenting author(s) **must be registered as BCU and InaPrevent 2025 participants before 19th April 2025**.

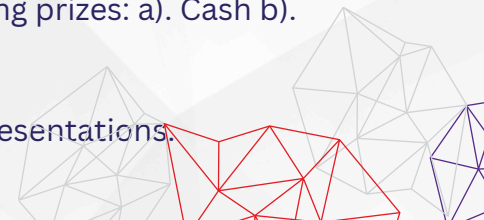




Terms of Reference

ABSTRACT SUBMISSION

- All submitted abstracts will be categorized into “Case Report” and “Original Research (including Systematic review and meta-analysis).” In BCU 2025, all submitted abstract will be divided into an oral presentation, poster presentation, and E-poster. In InaPrevent 2025, all submitted abstracts will be divided into an oral presentation and E-poster only.
- Abstracts submitted to InaPrevent 2025 that are not selected for oral presentation will automatically undergo a selection process for poster presentation at BCU 2025. Additionally, abstracts that are not accepted for either oral or poster presentations will be categorized as E-Posters.
- Submitted abstracts must be unpublished in any publication format before the submission.
- Oral presentations will have two best winners for each category (original research and case report). Whilst, the poster presentation will have three best winners for each category (original research and case report). Additionally, InaPrevent 2025 has “Special InaPrevent Award for Population-based Research, Initiative, and Innovation”. The winners will be announced at the closing ceremony of BCU 2025 and InaPrevent 2025 and will be granted the following prizes: a). Cash b). Certificate of Appreciation.
- The scientific committee will make the final decision on the chosen abstract for the poster and oral presentations.



Topic of Interest

ABSTRACT SUBMISSION

13th Bandung Cardiovascular Update 2025

- Basic Science, Molecular, and Genetic
- Clinical Cardiology
- Women and Cardiovascular Disease
- Heart Failure
- Coronary Artery Disease
- Arrhythmia
- Intensive Case of Cardiovascular Disease
- Multimodality imaging
- Intervention in Cardiovascular Medicine

8th Indonesian Cardiovascular Prevention & Rehabilitation Event

- Secondary Prevention and Rehabilitation
- Primary Care and Risk Factor Management
- Population Science and Public Health
- Sports Cardiology and Science

Abstract Format

1. **The abstract is submitted in the A4 paper format**, with a vertical layout in a pdf format, with a maximum size of 1 MB. The name of the document must be as follows: **“Type of the study (Case Report/Original Research)_Study title_corresponding/presenting author”**
2. **Layout: Margin Normal (2.54 cm on all sides)**
3. **Font:**
 - Title: Times New Roman, Size: 14, 1.5 line spacing, Bold
 - Authors and Affiliation: Times New Roman, Size: 12, 1.15 line spacing
 - Abstract body and keywords: Times New Roman, Size 11, 1.0 line spacing
4. **The title must be precise and contain sufficient information regarding the study.**
5. **Authors and affiliation should be written as follows:**
 - Initial of first and middle name, Last name, Initial of first and middle name, Last name
Example:
C. C. Amaludin¹, A. A. Aminah ²
 - Affiliation (Department, Institution, City, Country) (Italic)
Example:
¹*Department of Cardiology and Vascular Medicine, Faculty of Medicine, Universitas Padjadjaran/Dr. Hasan Sadikin General Hospital, Bandung, Indonesia.*
²*Division of Physiology, Faculty of Medicine, Universitas Padjadjaran, Bandung, Indonesia.*



Abstract Format

6. The abstract is written in **clear English** (should be consistent with the British or American spelling format).
7. **The body of the abstract is as follows:**
 - **Original Research and Systematic Review: Background, Objectives, Methods, Results, and Conclusion**
 - **Case report/series: Background, Case Description, Discussion, Conclusion**
8. The body of the **abstract** must consist of a maximum of **300 words for original research and 200 words for case reports**.
9. **Keywords must contain 3-5 words** to help the committee classify the abstract. The keywords must follow Medical Subject Headings (MeSH) 2023 (<https://www.ncbi.nlm.nih.gov/mesh/>)
10. Systematic review (included as original research) abstracts must provide a **PRISMA figure** on the second page of the abstract.
11. The maximum number of figures and/or tables for each abstract is two.



Innovation / Initiative **Project**



1. The topic of interest of Innovation / initiative project for InaPrevent 2025 is *“Building a Heart-Healthy Community:*

Integrating Prevention and Rehabilitation for Cardiovascular Wellness.”

2. The Innovation / Initiative project must be submitted to InaPrevent 2025 section via

<https://bandungcardiovascularupdate.com>

3. **The Innovation / Initiative project is submitted in the A4 paper format**, with a vertical layout in a pdf format, with a maximum size of 1 MB. The name of the document must be as follows: “Innovation_Project title_corresponding/presenting author”

4. **Layout: Margin Normal (2.54 cm on all sides)**

5. **Font:**

- Title: Times New Roman, Size: 14, 1.5 line spacing, Bold
- Authors and Affiliation: Times New Roman, Size: 12, 1.15 line spacing
- Letter body: Times New Roman, Size 11, 1.0 line spacing

6. **The title must be precise and contain sufficient information regarding the Innovation.**



Hotel Reservation



**Pullman Grand Central
Hotel Bandung &
Ibis Styles Bandung**



Hotel Reservation Form

13th Bandung Cardiovascular Update 2025 x 8th InaPrevent 2025

Receipt Date :

Registration Number :

Please write in BLOCK LETTER and tick (✓) where applicable

☐

Prof

☐

Dr

☐

Mr

☐

Mrs

☐

Ms

Name :

Institution :

Mailing Address :

Phone / HP :

Fax & E-mail :

Sponsor Name :

Contact Person Sponsor :

Phone :

Hotel Reservation Form

13th Bandung Cardiovascular Update 2025 x 8th InaPrevent 2025

Ibis Styles Bandung, Jl. Diponegoro 27, Bandung

Room Type	Room Rate net/night (incl. breakfast)	Check In	Check Out	Total Night
Superior	Rp 1.000.000, -			
Superior City View	Rp 1.150.000, -			

Pullman Bandung, Jl. Diponegoro 27, Bandung

Room Type	Room Rate net/night (incl. breakfast)	Check In	Check Out	Total Night
Deluxe	Rp 2.150.000, -			

Reservation Date & Signature :	Registration Number :
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Hotel Reservation Form

13th Bandung Cardiovascular Update 2025 x 8th InaPrevent 2025

Policy of Hotel Reservation

One night deposit is required for reservation and has to be paid before March 27th, 2025.

The reservation will be closed at April 1th, 2025.

Please contact BCU 2025 Secretariat for name replacement and notifying check in/check out date of hotel reservation prior to April 1th, 2025.

All cancelation of substitution of reservation must be notified in writing to BCU 2025 Secretariat before April 1th, 2025.

There will be no refund all cancelation from April 5th, 2025.

Payment should be made by bank transfer to :

BANDUNG CARDIOLOGY UPDATE

Account No. : 132 – 0001721720

Bank Mandiri Cabang RSHS Bandung

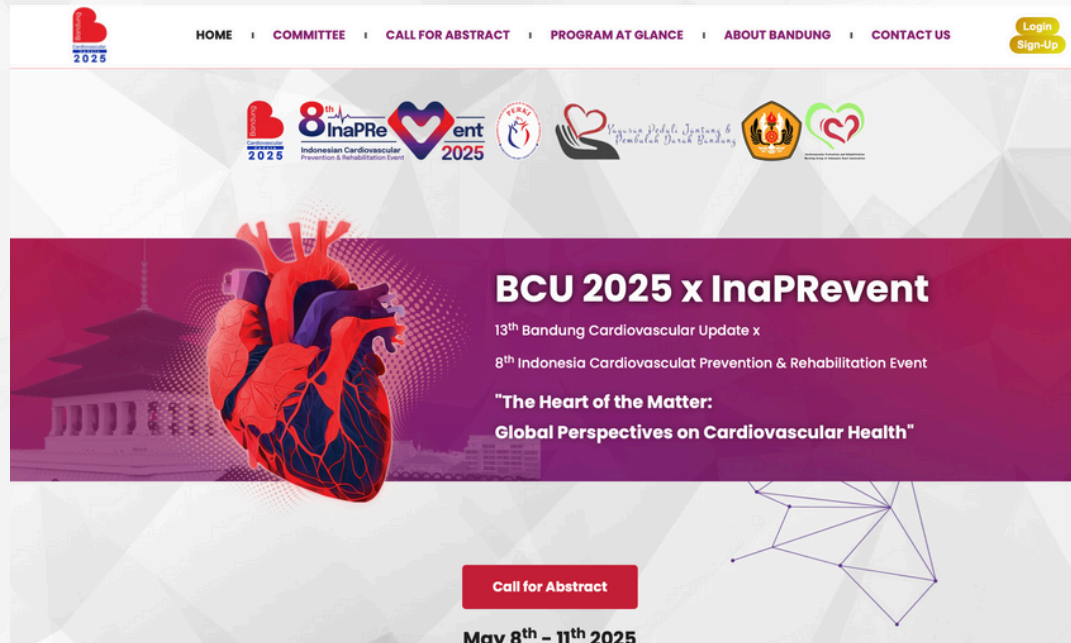
Secretariat/Contact Person :

Inna Vinniati 08122026160

Registration Guideline

How To Sign Up For Bandung Cardiovascular Update 2025

1. Visit our website at www.bandungcardiovascularupdate.com/registration
2. Click Sign Up session



Registration Guideline

How To Sign Up For Bandung Cardiovascular Update 2025

3. Fill Up Your Biodata

Create Login Info

Please create account / login info before continue

Email

Password

Confirm Password

Register

Login

Registration Guideline

How To Sign Up For Bandung Cardiovascular Update 2025

4. Log In

Login

Email

Password

☐ Keep me signed in

[Forgot your password?](#)

SECRETARIAT OFFICE

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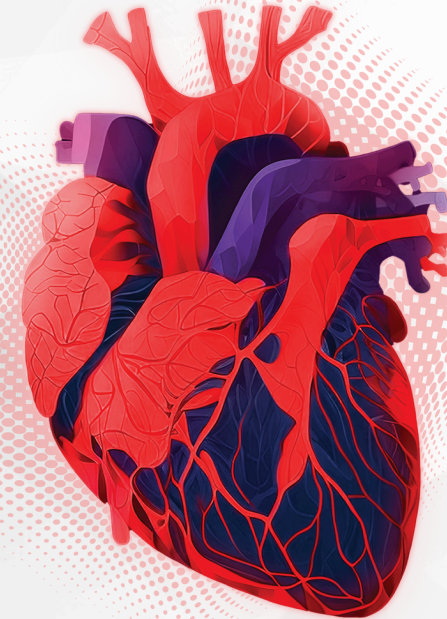


Inna Vinniatin (+62 812 2026 160)

bcu.bandung@gmail.com



Bank Mandiri Cabang RSHS Bandung
a.n. Bandung Cardiology Update
a/c no. 132-0001721720
No. NPWP:
82.436.444.2-423.001 (PP PERKI)





COMING SOON

BCU 2025 X InaPrevent

Bandung Cardiovascular Update and Indonesian Cardiovascular Prevention & Rehabilitation Event

Pullman Hotel Bandung

MAY 8 th - 11 th 2025